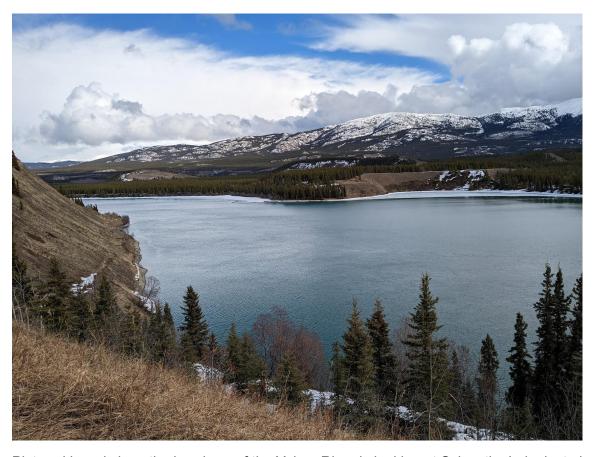


April is almost gone and the rivers are breaking up here in the Yukon. Local paddlers have been spotted getting in some real training on the water, now. A spring dump of snow came with warm weather, so the rivers have continued to open up. We at YRQ RACE HEADQUARTERS hope you are finding the time to get some distance training in!



Pictured here is how the break-up of the Yukon River is looking at Schwatka Lake just above the dam!!

With our desire to always improve, previous racers will notice some things are different this year:

Race Start Date: <u>Tuesday</u> July 4, 2023

One mandatory 10 hour stop at Carmacks .Gear check will be self-reported and signed off by you at Final Registration.

Keep up to date on our Website! Yukon River Quest

Teams are not added to the racer list until they are paid in full. We want to prevent disappointment and encourage you to complete your payment so you don't miss out.

Here are some steps you need to take:

- Complete team registration info
- Pay fees to get access to complete the bios on the website
- On-line waivers
- Team member sizing for T-shirts
- Document Support Crew members on website (or if you need YRQ to support)
- Complete and submit waivers for both racers and support crew
- Register your tracking device and ensure it has two way communication
- Familiarize yourself with the **mandatory** equipment list Race Rule # 17 Appx 1
- Arrange transportation from Dawson City back to Whitehorse
- Arrange travel to Whitehorse (Air North link)
- Arrange accommodation in Whitehorse and Dawson City
- Arrange boat rental, if required
- Arrange medical/health insurance
- Watch pre-registration briefing

Volunteer Opportunities

If any of your friends or family wish to volunteer, ask them to complete the volunteer registration on the website.

Follow us!

YRQ Facebook Yukon River Quest. Watch Lincoln Dennis smash the SUP record last year. He completed the race in 47:46:32!



Tag us #yukonriverquest and start 'paddling' up some competitive spirit with all your training pics! Keep yourself up to date on our website